

# NUTRITION AFFILIATED WITH ORGANS, GLANDS, AND TISSUES\*

|                                       |                                                                                                                                                                                                                                                                              |
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| Adrenals                              | <b>Whole Desiccated Adrenal; B<sub>6</sub> Niacinamide; Drenamin; Drenatrophin PMG;</b> Cataplex B; Cataplex C; Cataplex G; Organic Minerals; Protefood; Paraplex                                                                                                            |
| Autonomic Nervous System              | <b><i>PARASYMPATHETIC:</i> Organic Minerals</b> (alkaline ash); Min-Tran<br><b><i>SYMPATHETIC:</i> Phosfood Liquid</b> (acid ash)                                                                                                                                            |
| Blood                                 | <b>Chlorophyll Complex Perles; Cataplex B12; Folic Acid B12; Ferrofood; For-Til B12;</b> Calcium Lactate; Cal-Ma Plus; Sesame Seed Oil Perles; Linum B <sub>6</sub> ; Chezyn; Organic Minerals; Zinc Liver Chelate; Copper Liver Chelate; Phosfood Liquid;                   |
| Blood Vessels                         | <b>Cyruta-Plus; Cyruta; Cataplex ACP; OPC Synergy;</b> Cataplex E; Cataplex E <sub>2</sub> ; Wheat Germ Oil Perles; Circuplex; Collinsonia Root; Niacinamide B <sub>6</sub> ; Phosfood Liquid; Soy Bean Lecithin                                                             |
| Bones                                 | <b>Calcifood Wafers; Calcium Lactate; Cal-Ma plus; Biodent; Biost; Ostrophin PMG;</b> Cataplex C; Cataplex ACP; Cataplex D; Chlorophyll Perles; Magnesium Lactate; Protefood; Nutrimere; Organic Minerals; Cheyzn; Copper Liver Chelate                                      |
| Bowel                                 | <b>Zymex; Spanish Black Radish; Cholacol II; Okra-Pepsin E3; Lactic Acid Yeast; Lact Enz;</b> Calcium Lactate; Cal-Ma Plus; Vasculin; Cataplex B; Organic Mineral; Chlorophyll Complex Perles; Ferrofood                                                                     |
| Brain & Nerves                        | <b>Neurotrophin PMG; Min-Chex; Inositol; Folic Acid B12; RNA;</b> Circuplex; Calcium Lactate; Cal-Ma Plus; Calsol; Choline; Cataplex B; Cataplex G; Niacinamide B <sub>6</sub> ; B <sub>6</sub> Niancinamide; Min-Tran; Orchex; Cal-Amo; Super-Eff                           |
| Collagen                              | <b>Cataplex C; Cataplex ACP; Calcifood; Nutrimere</b>                                                                                                                                                                                                                        |
| Gall Bladder                          | <b>AF Betafood; Cholacol;</b> Choline; Livaplex                                                                                                                                                                                                                              |
| Gums                                  | <b>Cyruta-Plus; Cataplex ACP;</b> Bio-Dent; Calcifood                                                                                                                                                                                                                        |
| Eyes                                  | <b>Iplex; Oculotrophin PMG;</b> Cataplex A; <b>Phytolyn; Zinc Liver Chelate;</b> Cataplex G; Phosfood Liquid                                                                                                                                                                 |
| Hair                                  | <b>Linum B<sub>6</sub> ; Protefood;</b> Catalyn                                                                                                                                                                                                                              |
| Heart                                 | <b>Cardio-Plus; Cardiotrophin PMG; Myo-Plus; Myotrophin PMG; Cataplex E<sub>2</sub>; Vasculin;</b> Calcium Lactate; Cal-Ma Plus; Cataplex B; Cataplex C; Cataplex E; Cataplex F; Cataplex G; Organic Minerals; Phosfood Liquid; Linum B <sub>6</sub>                         |
| Hypothalamus                          | <b>Hypothalamus PMG; Hypothalamex;</b> Cataplex G; Neuroplex                                                                                                                                                                                                                 |
| Intestines                            | <b>Lact-Enz; Lactic Acid Yeast; Zymex; SP Cleanse; Zymex II; Cholacol II;</b> Okra-Pepsin E3; Gastrex; Cataplex C; Livaplex; Spanish Black Radish                                                                                                                            |
| Joints: Cartilage & Connective Tissue | <b>Calcifood Wafers; Ligaplex I; Ligaplex II;</b> Manganese B <sub>12</sub> ; Calcium Lactate; Cal-Ma Plus; Ferrofood; Cataplex C; Cataplex E; Cataplex F Perles; Linum B <sub>6</sub>                                                                                       |
| Kidneys, bladder                      | <b>Arginex; Renafood; Renatrophin PMG; Cataplex A;</b> Phosfood Liquid; Cal-Ma Plus; Cal-Amo; Calcium Lactate; Organic Minerals; Magnesium Lactate; Ferrofood; Congaplex                                                                                                     |
| Liver                                 | <b>Livaplex; A F Betafood; Hepatrophin PMG;</b> Antronex; Betacol; Betafood; Chlorophyll Complex Perles; Choline; Ferrofood; Chezyn; Allorganic Trace Minerals B <sub>12</sub> ; Zinc Liver Chelate; Cataplex A; Cataplex B; Cataplex E; Magnesium Lactate; Organic Minerals |
| Lungs                                 | <b>Cataplex A-C; Cataplex ACP; Pneumotrophin PMG;</b> Emhaplex; Calcium Lactate; Cal-Ma Plus; Calsol; Cataplex F; Allerplex; Congaplex; Antronex; Fen-Gre; Phosfood: Drenamin; Manganese B <sub>12</sub>                                                                     |
| Lymphatics                            | <b>Linum B<sub>6</sub>; Thymex; Whole Desiccated Spleen</b>                                                                                                                                                                                                                  |
| Mucus membranes                       | <b>Cataplex A; Cataplex AC; Phytolyn; SP Greenfood</b>                                                                                                                                                                                                                       |
| Muscles                               | <b>Cataplex E; Myotrophin PMG;</b> Cataplex F; Calcium Lactate                                                                                                                                                                                                               |
| Nails                                 | <b>Cataplex F; Zinc Liver Chelate;</b> Calcium Lactate; Catalyn                                                                                                                                                                                                              |
| Nasal Passages                        | <b>Cataplex A-C; Antronex;</b> Allerplex; Phosfood Liquid; Linum B <sub>6</sub>                                                                                                                                                                                              |
| Ovaries                               | <b>Ovex; Ovex-P; Wheat Germ Oil Perles;</b> Chlorophyll Complex Perles; Organic Iodine; Iodomere; Cataplex E; Ovatrophin PMG; Symplex F                                                                                                                                      |
| Pancreas                              | <b>Cataplex GTF; Pancreatrophin PMG; Diaplex;</b> Cataplex B; Zinc Liver Chelate; Zypan; Multizyme; Paraplex                                                                                                                                                                 |
| Parathyroid                           | <b>Cal-Ma Plus; Cataplex D;</b> Calcium Lactate;                                                                                                                                                                                                                             |
| Pineal                                | <b>Folic Acid B<sub>12</sub>; Neuroplex;</b> Cataplex C; sunlight and natural UV radiation                                                                                                                                                                                   |
| Pituitary                             | <b>Cataplex E; Pituitrophin PMG;</b> Manganese B <sub>12</sub> ; E-Manganese; Paraplex                                                                                                                                                                                       |
| Prostate                              | <b>Prost-X; Prostate PMG; Cataplex F; Zinc Liver Chelate;</b> Calcium Lactate Organic Iodine                                                                                                                                                                                 |
| Spleen                                | <b>Whole desiccated Spleen; Chlorophyll Complex Perles;</b> Spleen PMG; Immuplex Chezyn; Ferrofood; Organic Minerals; Sesame Seed Oil                                                                                                                                        |
| Stomach                               | <b>Zypan; Betaine Hydrochloride; Gastrex;</b> Okra-Pepsin E3; Chlorophyll Complex Perles                                                                                                                                                                                     |
| Testes                                | <b>Orchic PMG; Wheat Germ Oil Perles;</b> Orchex; Pituitrophin; Chlorophyll Complex Perles                                                                                                                                                                                   |
| Thymus                                | <b>Thymex; Thymus PMG; Cataplex A-C;</b> Cataplex ACP; Congaplex; Immuplex; Copper Liver Chelate                                                                                                                                                                             |
| Thyroid                               | <b>Organic Iodine; Iodomere; Thytrophin PMG;</b> Cataplex C; Cataplex F; Antronex; Paraplex; Allorganic Trace Minerals B <sub>12</sub> ; Min-Tran                                                                                                                            |
| Tongue                                | <b>Cataplex G; Cataplex B;</b> Catalyn                                                                                                                                                                                                                                       |
| Uterus                                | <b>Utrophin PMG; Wheat Germ Oil Perles;</b> Cataplex A-C; Ferrofood                                                                                                                                                                                                          |

*\*Nutrients in bold are usually primary. The status of the whole body determines the correct combination of nutritional needs. In whole food concentrates there is a natural overlapping of nutritional support. This enables an efficient use of nutrition as one formula may assist several areas.*